

HOPE

HEMODIALYSIS PAIN REDUCTION EFFORT



Do you suffer from chronic pain that interferes with your usual activities?

Have you felt that your pain was ignored by others?

Have you had bad experiences with pain medication?

HOPE is a research study that is testing ways to improve pain management for patients on dialysis with pain for more than 3 months.

Pain Coping Skills Training involves 12 one-on-one video sessions with a trained coach who will help you learn skills to manage pain.

Later, you might be offered a medication called buprenorphine that may treat your pain with

fewer side effects than traditional opioid medications.

You do not need to be on pain medication in order to participate, and you will not be required to change any pain medication you are currently using.



To see if the **HOPE** study might be a good fit for you, complete our survey by going to www.XXXX.org or use your smartphone camera to scan the QR code.